

Organic Chlorella

Nutritional Profile*

1. General Compositions (100g)

Crude Protein	50 – 60 g
Crude Fat	7 – 12 g
Crude Fiber	2 – 6 g
Crude Ash	5 – 8 g
Carbohydrate	15 – 25 g
Moisture	4 – 7 g

2. Vitamins (100g)

Carotenoids	200 mg
Beta-Carotene	7.2 mg
(Pro Vitamin A)	12,000 IU
Vitamin B1	2.3 mg
Vitamin B2	5.8 mg
Vitamin B6	2.2 mg
Vitamin B12	38.4 µg
Vitamin C	22 mg
Vitamin E	10 mg
Pantothenic Acid	1.2 mg
Niacin	30 mg
Inositol	280 mg
Biotin	192 µg
Folic Acid	26.9 µg
Chlorophyll	2,600 mg

3. Minerals (100g)

Phosphorus	800 mg
Sodium	44.6 mg
Calcium	200 mg
Magnesium	300 mg
Potassium	30 mg
Iron	65 mg
Zinc	1.8 mg
Manganese	5 mg
Copper	4 mg

4. Essential Amino Acids (10g)

Isoleucine	241.5 mg
Leucine	474.6 mg
Lysine	449.5 mg
Methionine	119.7 mg
Phenylalanine	272.2 mg
Theronine	237.6 mg
Tryptophane	10.5 mg
Valine	361.8 mg

5. Non-Essential Amino Acids (10g)

Alanine	432.5 mg
Arginine	350.3 mg
Aspartic Acid	462.0 mg
Cystine	24.1 mg
Glutamic Acid	585.8 mg
Glycine	316.7 mg
Histidine	128.8 mg
Proline	306.2 mg
Serine	183.2 mg
Tyrosine	160.1 mg

6. Fatty Acids (100g)

Linoleic	1.5 – 3.0 g
Alpha-linolenic	1.0 – 2.0 g

*The above values are for reference only. This does not mean to represent all batches. As Chlorella is a natural product and its nutritional values are subject to variations from batch to batch.